

The Vision



CELEBRATING OUR FATHERS

Sunday, June 21, 2009 @ 11:00 a.m. At Shield of Faith Pasadena



History of Father's Day in US

Modern version of Father's Day celebration originated in United States of America and thereafter the tradition spread in countries around the world. The world owes thanks to Ms Sonora Louise Smart Dodd a loving daugh-

ter from Spokane, Washington as it is because of her struggle that Father's Day saw the light of the day.

The idea of Father's Day celebration originated in Sonora's mind when she per chance listened to Mother's Day sermon in 1909. Fairly mature at the age 27, Sonora pondered if there is a day to honor mother then why not for father? Sonora felt strongly for fathers because of the affection she received from her own father Mr. William Jackson Smart, a Civil War veteran. Sonora's mother died while childbirth when she was just 16. Mr. Smart raised the newborn and five other children with love and care.

Inspired by Ms Anna Jarvis's

struggle to promote Mother's Day, Ms Dodd began a rigorous campaign to celebrate Father's Day in US. The Spokane Ministerial Association and the local Young Men's Christian Association (YMCA) supported Sonora's cause. As a result Spokane celebrated its first Father's Day on June 19, 1910. Though there was initial hesitation the idea gained gradual popularity all over US and Fathers Day came to be celebrated in cities across the country.

Celebrate Day on Father's Day

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New Biblical Training Class

2 Timothy 2: 15

¹⁵Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

You don't want to miss this exciting New Biblical Training Class. This is a 12 week Bible College course.

Those wanting to go to the next step in biblical studies will not want to miss this opportunity.

Classes are held 9: 30am— 10: 30am. Sunday Mornings.

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Youth Empowerment Classes

Classes for Young men and women 13-18



The Youth will experiment real life class experience. You will not want to miss the ongoing series of event for the youth.

Sunday Mornings 9:30 a. m—10:30 am



HEALTH AND YOUR BODY

GARLIC—Garlic does more than make our food taste good, it can aid in the healing and even prevention of

Colds: One of the most common ailments garlic has been touted to treat is the cold. Upon the onset of the sniffles, many people testify that consuming a clove or more of raw garlic takes them away. How can a clove of garlic possibly help? Studies have shown that garlic extract improves immune function, giving our natural defense system a boost, and helping it conserve our levels of antioxidants in our system. It is this strengthening of the immune system that aids in its support for other health related conditions. Whether raw or cooked, garlic is beneficial. But some people can not tolerate the taste or the garlic breath and therefore prefer to add garlic to

their diet via supplements. So how much garlic is enough? If you are taking a supplement, ask your pharmacist or read the label. If you are adding fresh garlic to your food, start with a little at a time as too much garlic can upset your stomach if you are not used to it. Even starting with a little can bring you health benefits. Not only will you enjoy the zing added to your food, you can enjoy knowing you're doing something good for yourself.

Quote:

You must GO forward on your knees."

Written by Hudson Taylor



Shield of Faith Pasadena Bishop Rickey Johnson

1127 North Lake Avenue
Pasadena, CA 91104
Tel: 626-791- 2520
Fax: 626-791- 5361

Web: www.shieldoffaithpasadena.org
Email: office@shieldoffaithpasadena.org

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Service Times:

- Sunday** 9:30 a.m — Christian Education
- 11:00 a.m.. — Morning Worship
- 5:00 p.m. — Small Group Fellowship
- Tuesday** 7:30 p.m. — Midweek Bible Study
- Wednesday** 12:00 Noon — 1:00 p.m.